



Issaquah Senior Center

Presented by:
Alzheimer's Association,
Washington State Chapter

2nd Monday of each month

Time: 2:30 PM - 3:30 PM

Issaquah Senior Center

75 NE Creek Way
Issaquah, WA 98027

Contact:

Katharine Wismer
425-873-3339
katharinew@issaquahwa.gov

See a full list of local support groups at:

alzwa.org/support-groups

**Build a support network with
people who understand.**

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.