



Friends of Youth provides mental health counseling for youth ages 4-24 and their families.

Our highly trained counselors are available to work with you to identify inherent strengths to help you achieve your goals.

We accept Medicaid, most commercial insurance, and self pay.

## **Services Provided:**

- In person and virtual appointments
- Individual, family, and group sessions
- Coordination with community groups, schools, and medical professionals

We're only a phone call or email away! Set up an evaluation:

clientservices@friendsofyouth.org 425.392.6367



For more information contact: clientservices@friendsofyouth.org

friendsofyouth.org/services

