

INN Weekly Email Update May 15, 2024

Greetings Issaquah & Sammamish Nourishing Networks,

Next INN meeting: Online, Tuesday, May 21, 2024 3:00pm - 4:30pm. We're flipping the format so everyone will have a chance to share updates, news, asks and introductions -

- Round Table information sharing from the group.
- Guest Speakers from [Kinderling - Families in Transition](#) & [Issaquah School District Family Partnership](#)
- Zoom link will be emailed the day before the meeting

Please visit the [INN website](#) for a more complete list of events, programs and resources, as well as an archive of [past weekly updates](#)

 **A short email this week as I will be out of town for a few days, but looking forward to seeing you on Tuesday!**

1. Issaquah School District: ** UPDATED WITH FLYERS ** Free Drop-In Vaccination Clinic May 29, 2024 4pm - 8pm District students, incoming kindergarten students and all children ages 4-18 are invited to a free vaccine clinic in the commons at Issaquah Middle School. Vaccinations are required to attend school. This is a drop-in event, with no appointments necessary. **Please note that this clinic is only for children ages 4-18, not for adults.* Here are some additional details about the free clinic **Flyer in English and Spanish**

2. The Sophia Way: June 2, 2024 : Caring Community Brunch, a special event dedicated to celebrating the resilience and strength of women experiencing homelessness. At the Caring Community Brunch, women will have the opportunity to refresh their wardrobe, receive haircuts and makeovers, and enjoy fun games like bingo. As they indulge in a delicious summer BBQ brunch, they'll also have the chance to mix and mingle in a relaxed and supportive atmosphere filled with love and laughter. ***We would love your support in donating items for the wardrobe refresh part of the event. [Flyer](#) with more information, including Wish List***

3. The WA Dept of Health: Launch of new 9.8.8. Suicide & Crisis Lifeline website wa988.org Washington residents can learn about local resources for people experiencing an emotional crisis and get help 24 hours a day, 7 days a week, by phone, text, or online chat. This Washington State **9.8.8.** website answers frequently asked questions about the **988 Suicide & Crisis Lifeline**, including how it works, who it supports, and how people can use it to support a loved one in crisis. **9.8.8** is the free, confidential phone number that

anyone experiencing a mental health or substance use crisis can call or text to connect with a trained counselor. **TO GET HELP:** Call or text **9.8.8** any time, day or night.

4. WA State DHS EBT Benefits ** UPDATED WITH FLYERS ** Summer EBT Food Program for Children SUN Bucks in Washington Once approved by USDA, approximately 550,000 Washington children will meet the [eligibility requirements](#) to receive SUN Bucks benefits for summer 2024. Certain children will automatically qualify depending on specific school and / or public assistance program enrollment criteria. Children who do not automatically qualify may submit an application. Specific details will be provided once the state plan has been approved and funding is provided. Each eligible child will receive a one-time payment of \$120 in food benefits on a dedicated SUN Bucks card. [Additional SUN Bucks Information](#) **Flyer for Families - Flyer for School Districts**

Be well,

Kim Weiss

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