

**Vital support services can be hard to find. Let us help!**

Lifelong's System Navigation Hub helps low-income seniors, adults with disabilities and their caregivers, living in East King County, access to reliable care and support services.

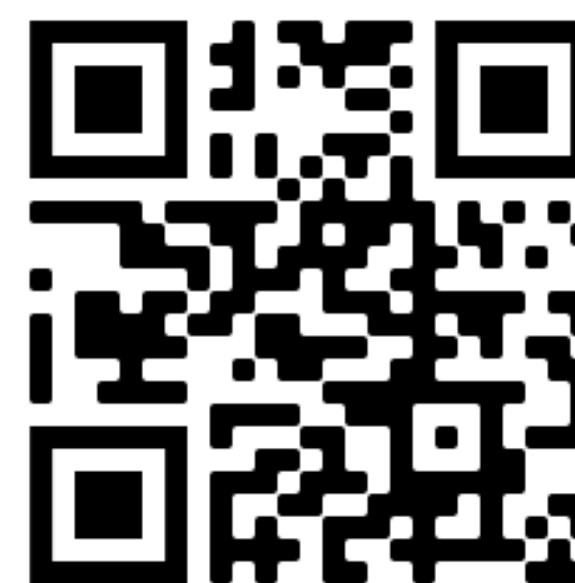
Tracking down essential care services for seniors and individuals with disabilities can be complicated and overwhelming. By partnering with a collaborative network of existing providers and resource organizations, the Hub helps community members and their caregivers establish holistic, wraparound care teams that meet their individualized needs.

## Activate the hub!

If you are a low-income senior, adult with a disability, or a caregiver, scan the QR code, fill out the form on the Hub Homepage, and a Hub staff member will follow up with you to learn more about your needs. You can also call 425-375-2990 or email [SysNavHub@lifelong.org](mailto:SysNavHub@lifelong.org) for more information.

### QR Code Instructions

- 1) Open camera and point device at QR code
- 2) Wait for camera to recognize and scan QR code
- 3) Click pop-up banner when it appears on screen
- 4) Webpage will automatically load



On a desktop visit <https://www.lifelong.org/hub>