

INN Weekly Email Update March 8, 2024

Greetings Issaquah & Sammamish Nourishing Networks,

Next INN meeting: Online, Tuesday, March 19, 2024 3:00pm - 4:30pm. We're flipping the format so everyone will have a chance to share updates, news, asks and introductions -

- Round Table information sharing from the group.
- Guest Speaker from [Communities in Schools](#), now part of the Issaquah School District.
- Zoom link will be emailed the day before the meeting

Please visit the [INN website](#) for a more complete list of events, programs and resources, as well as an archive of past weekly updates.

FOR YOUR CALENDAR

1. KCLS: Accessibility: Make Your Tech Device Work Better for You March 13, 2:00–3:00pm Online Explore general settings that allow you to change your phone or computer to work with your specific hearing, vision and other needs. Presented by Bridget of [Gentle Tech Help](#).

2. KCLS: Llène su formulario de FAFSA / Fill Out Your FAFSA Form Sat., March 16, 2024 4pm - 6pm Presentado en español por Liliana Medina de Sistema Escolar USA. En este taller Liliana Medina de Sistema escolar USA y su personal les ayudarán a comenzar y/o completar el nuevo formulario FAFSA. Se recomienda traer su laptop, pero no es requerido. Habrá ayuda disponible para todos los estudiantes sin importar su estatus migratorio o el de sus padres.

Liliana Medina from Sistema Escolar USA and her staff will help you get started and/or complete the new FAFSA form. If possible, please bring a laptop. Help will be available to all students regardless of their immigration status or that of their parents. *Please register.*

3. WA Poison Center Poison Prevention Online Opportunities March 19, 2024 Information on Naloxone, Fentanyl and more

- **@10am** -In this short livestream, we'll tell you all you need to know about Naloxone (Narcan), the lifesaving medicine that can reverse a fentanyl overdose! Learn how to recognize an overdose and the steps to using naloxone. Watch on Facebook (<https://fb.me/e/8iq9DJpHW>) or YouTube (<https://www.youtube.com/@washingtonpoisoncenter6766>) .
- **@12pm - 1pm** - Drop in anytime during this Zoom session to ask our staff your questions about fentanyl, naloxone, & overdose. Nothing is off the table! We will have doctors, pharmacists, and public health professionals available for the whole hour. See link above for Zoom information

4. IACS: IACS-Anvi Free Career Fair 2024 March 28, 2024 1pm - 5pm Bellevue Uniting Talent with Opportunity - Meet Employers & Staffing Companies. Open to all. Join us for Networking with top employers, Exploring diverse job opportunities, Gaining invaluable career insights. Looking for your dream job? Eager to explore new career paths? This event is your gateway to countless opportunities! Meet with local employers and get information on

opportunities from a diverse range of sectors. Don't miss out on this chance to propel your career forward.

5. KCLS: Washington Poison Center Presents: Understanding Opioids Mon., April 1, 2024 12pm Online & In Person Every day, we see news stories about the opioid epidemic, overdosing and fears about fentanyl. As alarming as this is, it is not the first time the United States has experienced high levels of opioid use. Join the [Washington Poison Center](#) as we apply lessons learned from the history of opioid use to today's context. Throughout this historical journey, discuss data, deepen our understanding of various opiates and opioids, including fentanyl, and separate myth from fact. Leave with strategies to reduce harm in our communities and give help to people who use these drugs. *Online and in-person. To join online, please register. If you are attending in-person, you do not need to register.*

6. KCLS: The Opioid Crisis: What You Need to Know Tues., April 2, 2024 6pm Online Learn about the dangers of opioids and how everyone can take part in the effort to reduce opioid abuse and overdoses, keeping our community healthy and safe. Presented by Dr. Tom Miller, MD, Medical Director, Quality & Safety, Overlake Medical Center. *Please register.*

RESOURCE INFORMATION AND UPDATES

7. Hopelink Mobile Market Schedule - March 2024 Schedule The Mobile Market distributes food around the community. Everything is free! We have a wide selection of fresh produce, dairy, and breads, as well as frozen foods, to choose from.

8. Hopelink: Volunteers Needed! Looking for Financial Education Volunteers who speak Russian, Farsi, Portuguese, and Chinese. We are looking for passionate Pashto and Dari speakers who can teach and support people on their path to financial wellness and contribute to providing quality financial education resources. A finance background is a plus, but no experience with finances needed, we will teach you what you need to know! See link/flyer for more information.

9. King County 2024 Additional Steps To Address Surge of Fentanyl and Stop Overdose Deaths in the Region The strategies expand behavioral health treatment, increase access to medications for opioid use disorder, and make overdose prevention tools and resources more widely available. **Launch a 24/7 Buprenorphine Prescribing Line** As of January 1, 2024, anyone can call 206-289-0287 to talk to a physician and get a prescription for Buprenorphine, a medication to treat opiate use.

10. NWIRP: DACA General Information and Resources The DACA Portal is a one-stop experience to get information on DACA, learn more about our free DACA renewal clinics, and register for any of these upcoming clinics. NWIRP, through its partnership with Microsoft and with the law firm of Perkins Coie LLP, offers **free monthly virtual DACA clinics** to assist clients seeking to renew their DACA status. We want to extend our deepest gratitude to our partners at Microsoft and Perkins Coie LLP (and all those involved in making these virtual DACA clinics possible) who continue to serve our clients during these challenging times. We HIGHLY encourage you to secure registration for a virtual DACA Renewal Clinic at least six months before the expiration date on your EAD (Employment Authorization Document/work permit) to minimize the risk of a lapse in your DACA status.

11. Northwest Justice Project: Learn how to file a petition for a short term (emergency) guardianship: Use this only to file for guardianship lasting 2 months to 4

months (60 – 120 days) of a child under age 18 who is living in Washington State. #4408EN. Details [HERE](#)

12. State of WA Health Dept Resources for Eating Disorders Eating disorders affect people of all genders, shapes and sizes, ages, race, and ethnicities. It's important to understand that eating disorders are not only about food or related to weight. Once a person reaches an identified weight range, they may still have an eating disorder. Help is available for adolescents in Washington with eating disorders . Providers play a major role in connecting families with appropriate treatment resources. If you or someone you know is seeking eating disorder treatment – we have a list of treatment centers in Washington.

COMMUNITY ENGAGEMENT OPPORTUNITIES

13. Essentials First As we approach the blessed month of Ramadan, join us on our mission to provide essential hygiene supplies to the most vulnerable members of our community. Your donation helps us bring dignity, health, hope, and opportunity to hundreds of needful families. Help us reach our goal of \$75,000! Make a difference today by donating on our website at www.essentialsfirst.org or through our Ramadan campaign at LaunchGood: <http://launchgood.com/EFRamadan2024>

14. Treehouse Champions Luncheon 2024 April 23, 2024 This year, we will be celebrating stories from youth in foster care as they determine their paths to thrive. Gather with the Washington state foster care community — from youth in care to caregivers, advocates and more — to learn more about Treehouse's road ahead and how you can become a champion for youth in foster care in your community. We've reimagined the event to grow alongside our community and reach. You can join us from anywhere: virtually or in-person at the Sheraton Grand Seattle! Find tickets [here](#)

15. Dept of Commerce: We are looking to fill **two Program Coordinator positions** to be lead contract managers, key partners and collaborators on administering and supporting all aspects of the **SMALL BUSINESS RESILIENCY NETWORK (SBRN)** program. Highlights are: * A great position that allows you to work remotely from virtually any location in Washington * Working in partnership with community to advance social and racial equity. We hope that you will want to learn more and apply today **Small Business Resiliency Program Coordinator | Career Pages (governmentjobs.com)** Don't delay, the application **window closes March 12th** at 11:59PM

FOR NONPROFITS

16. WA State Nonprofit Conference May 12 - 14, 2024 Online, with Regional Celebrations This year's Washington State Nonprofit Conference will be online May 14-16 with regional celebrations in Central WA (May 17), Eastern WA (May 20), and Western WA (May 22)! There will be powerful keynote speakers, memorable workshops, and other invaluable content. You can save on the cost of your registration by [becoming a member](#) of Nonprofit Association of Washington, purchasing your registration early, or applying for a scholarship.

Be well,
Kim Weiss
she/her