

INN Weekly Email Update Feb 16, 2024

Greetings Issaquah & Sammamish Nourishing Networks,

Next INN meeting: Online, Tuesday, Feb 20, 2024 3:00pm - 4:30pm. We're flipping the format so everyone will have a chance to share updates, news, asks and introductions -

- Round Table information sharing from the group
- Guest Speaker from **Kinderling, [Families In Transition Program](#)**
- Zoom link will be emailed the day before the meeting

Please visit the [INN website](#) for a more complete list of events, programs and resources, as well as an archive of past weekly updates.

FOR YOUR CALENDAR

1. KCLS Community Coffee Hour with REACH Renton Fridays, starting Feb 23, 2024 through the end of March Enjoy a freshly brewed cup of coffee, a light snack and engaging conversations with your neighbors. Whether you want to catch up on the latest news or simply unwind in good company, gathering at the library over the river is the perfect spot. Sponsored by [REACH Renton](#), dedicated to fostering well-being and connection in our community. *Registration not required.*

2. NAMI Eastside Forum: Centering Black Mental Health: A Panel Discussion Feb 27, 2024 The lineup for this month's forum is set! All-stars including Khalfani Mwamba from the UW School of Social Work, Karen Fraser from Africans on the Eastside, and Jemella Kennebrew of the Prism Collaborative will be joining us for a free, virtual forum. Learn more about our speakers at our website, and you can also [register now on Zoom here](#)

3. Solid Ground Virtual Renters' Rights Webinar Series / ¡INQUILINOS INTELIGENTES! English sessions are held twice monthly on Wednesday afternoons. Spanish sessions are held monthly on Thursdays, 5:30-6:45pm.

Rent Smart Webinars in English

- 2/28/24: [Housing Search Part 3 – Renting with an Eviction on Your Record](#)
- 3/13/24: [Info for Domestic Violence Survivors](#)
- 3/27/24: [Breaking a Lease](#)
- 4/10/24: [Fees & Deposits](#)
- 4/24/24: [Repair Issues & Landlord Duties](#)
- 5/8/24: [Mold & Your Rights as a Tenant](#)
- 5/22/24: [Part 1 – What to Look for as a Senior Renter](#)
- 6/12/24: [Part 2 – What to Look for as a Senior Renter](#)
- 6/26/24: [Evictions & Terminations](#)

¡Inquilinos Inteligentes! Talleres Virtuales en Español

- 2/22/24: [Desalojos y terminaciones del arrendamiento](#)
- 3/28/24: [Información sobre moho y sus derechos como inquilino](#)

- 4/25/24: [No puedo pagar la renta completo](#)

4. KCLS Find Money for College - The Scholarship Market Tues, Mar 5, 2024 6:00 – 7:00pm Online Join Doug Breithaupt from **College Planning Network** to hear the latest information for the 2024-25 academic year. He will address major issues facing students and parents as they pursue all types of need and merit-based financial aid programs. Learn about: Grants, scholarships, work-study and student loan programs * The formula used to determine the expected family contribution * Key financial aid forms * Negotiating options after you get offer letters *Please register.*

5. KCLS: Medicare Scams & Fraud Prevention Tues, March 12, 2024 2:00 – 5:00pm Issaquah Healthcare 360 - Your Guide for Healthcare Questions and Benefits: Chinese Information & Service Center provides free, unbiased and confidential help to clients who want to learn about Medicare, Apple Health, QHP, Medicaid enrollment details and healthcare choices. These workshops will cover details about these services as well as medical billing, health navigation and related topics. Offered in Cantonese, Mandarin and English. *No appointment necessary. First come, first served. For more information, please call CISC, 206.823.7842.*

Programs in the Series: March 12: Medicare Scams & Fraud Prevention May 14 : Medicaid/Medical Benefit Update July 9: Medicare & You

6. KCLS: Hopelink's Let's Talk About Finances / Hablemos de finanzas Issaquah

Miércoles, 20 de marzo, a las 6pm. Taller financiero para inmigrantes y refugiados en español. Durante este programa, construirá una base sólida para administrar su dinero, acceder a productos financieros, comprender el crédito y salvaguardar sus finanzas. También desarrollará habilidades y ganará la confianza para navegar productos y servicios financieros desconocidos. Presentado por Hopelink. No es necesario registrarse.

Wednesday, March 27, 6pm Financial Workshop for Immigrants and Refugees in English Learn how to build a solid foundation for managing your money, accessing financial products, understanding credit and safeguarding your finances. Develop skills and gain confidence in navigating unfamiliar financial products and services. Presented by Hopelink. *Registration not required.*

RESOURCE INFORMATION AND UPDATES

7. Hopelink English for Work Program: English for Work Winter classes are now underway! Registration for spring quarter will open mid-February. Contact englishforwork@hopelink.org or **425-250-3007** for more information. Translation services are available. **Beginner English** Winter classes are now underway. Future students can email beginnerenglish@hopelink.org or call **425-890-6679** for more information. Translation services are available.

8. KidVantage: Donations Needed Feb 2024 Wish List this month is size 4, 5, and 6 diapers! For most Diaper Banks, the larger size diapers are always in high demand and also increasingly expensive compared to the smaller sizes. Drop off opportunities at our [Issaquah Hub](#)

9. Imagine Housing Grocery Rescue Volunteers We're looking for volunteers to help with weekly grocery rescue and food delivery. What's available: Tuesdays 9am - 11am going from Redmond to Kirkland OR Friday 9am - 11am going from Redmond to Issaquah. We are happy to work out the frequency that is best for you! All you need is a car and the ability to lift 30lb

boxes. Wanna team up with a friend, coworker, or family member? Please do! To sign up, visit imaginehousing.org/volunteer.

10. The Circle Volunteers Needed March 7, 2024 We are looking for 2 Spanish-speaking volunteers to assist our computer classes instructor. Mar 07, 2024, 6:00 PM – 8:00 PM The Circle, 160 NW Gilman Blvd Suite 326, Issaquah, WA 98027, USA

11. NAMI Eastside Americorps Volunteer Opportunity- Join our team through the Healthy Minds Alliance Program. The Healthy Minds Alliance is an innovative AmeriCorps program that engages universities, school districts, health care systems and other community-based organizations across the nation to support widespread implementation of evidence based mental health focused gatekeeper trainings, including Mental Health First Aid, QPR and SafeTALK. [Apply here](#)

COMMUNITY ENGAGEMENT OPPORTUNITIES

12. KC District 3 2024 Winter Survey Deadline: March 9, 2024 We want to be sure that we are representing your priorities, and the collective priorities of the district, as your King County Councilmember and your District 3 team! To do this we conduct an annual survey at this time each year to make sure we hear about your priorities directly from you in the following areas: environment & farm protection, crime & safety, road maintenance & improvements, business & economy, taxes, housing, homelessness, behavioral health, transit & mobility, and arts & culture. **Please take 5 minutes now to complete the 10 survey questions!** Click on the link above to take the survey, or email me to request a paper copy at sarah.perry@kingcounty.gov. If you already received a paper copy in the mail, you can return that through your mailbox postage free.

13. KCLS Newcastle Area Volunteer Fair Sat, March 9, 2024 2:00PM – 4:00PM
Volunteering is a great way to serve your community, get school credit, add to your resume and meet other people with like-minded interests. Drop by the library to meet local organizations currently looking for volunteers. You will find something to fit every interest and time commitment. *Registration not required*

14. KCLS Literary Lions Gala 2024 March 2, 2024 Honoring a panel of 20 distinguished authors, including this year's Keynote Chris Bohjalian, this is an evening to remember! Readers, writers, library lovers, civic leaders, and other community members will join together and raise essential funds for life changing library programs.

15. Kindering 2024 Auction Gala April 27, 2024 Indulge in an evening of elegance and generosity at Kindering's annual Auction and Gala. Join us with your friends and family for a cocktail reception, decadent gourmet dinner, and some sensational bidding action. Every ticket supports Kindering's first-in-class pediatric therapies, special education, family supports, and more. Come and show your support for Kindering kids!

FOR NONPROFITS

16. BSK Prenatal to Five (P-5) Community-Designed Program Development Pilot Workshop Series. Best Starts for Kids (Best Starts) invites community-based organizations, coalitions, and community groups to apply. Up to 12 programs and/or organizations will be accepted. In small group settings, participants will be supported to draft materials which will

later guide their program. They will learn about approaches such as communicating program activities and outcomes, designing staff training materials, preparing for evaluation, budgeting, and planning for fundraising activities. Applicants may apply to this Participation Application at no cost, and may also additionally apply for a stipend to support full participation. Please reach out with questions and consider joining one of **our information sessions on February 29th or March 12th** Details in [Participant Application](#)

17. KCRHA Updated Coordinated Entry Assessor Training Next session Wed, Mar 6, 11:00am - 1:00 pm The Coordinated Entry (CE) Team now offers virtual Assessor Credential Training (ACT). This new monthly training will cover the Coordinated Entry system, housing resources, service matching, and how to nominate your client for resources. The ACT includes a 30-minute HMIS demo with the basic assessor workflow. The training provides valuable tips to navigate the system for clients. The ACT is available for all new assessors, current active assessors, and any provider matching clients to housing resources. Sign up for a session and learn more on the Bitfocus website [Assessor Credential Training](#)

18. King County Council Van Grant Applications Due by Mar 14, 2024 Any public agency or non-profit organization in King County District 3 is eligible to apply to receive one van. They must agree to use the van to transport people with specific needs (seniors, low-income, youth or people with disabilities) OR to transport goods and supplies to people in need. The van provided will be a 7-passenger minivan (2014 Dodge Grand Caravan SE), with an average mileage of 48,020 miles and average value of \$10,000. Grant disbursement may begin during the summer and must be completed by the end of August. **Apply Now!**

19. VSHSL: Veteran Outreach and Resource Programs Apply by March 20, 2024 A new funding opportunity is available from the Veterans, Seniors, and Human Services Levy (VSHSL) to provide outreach and resources to King County veterans, military servicemembers, and their respective families who will benefit from connection to and provision of community resources. Funded outreach and resource programs will provide direct services, connect veterans with a service hub such as the [King County Veterans Program](#) (KCVP), or provide referrals to other veteran-serving community partners. The programs will be frontline points of connection that make the initial contacts and relationships, intentionally connecting veterans, military servicemembers, and their respective families to other VSHSL-funded and veteran-serving programs to provide systemic responses that support housing stability, financial stability, social engagement, healthy living, and service system access when appropriate.

20. King County Councilmanic Grants: Applications are due by April 14, 2024 There are 4 separate categories that organizations can apply for. You may apply for more than one, but this must be done on separate applications. **Apply Now!** Please make such to differentiate between the applications and requested needs:

- 1. Community Service Grants:** Can be awarded to any non-profit or local government to help further community needs, including but not limited to food banks and pantries. We have a total of \$25,000 to award in 2024 and a minimum of \$2,500.
- 2. Veterans Service Organization Grants:** Can be awarded to any veterans' services organization for any reason. We have a total of \$15,000 to award in 2024, with a minimum award of \$2,500.
- 3. Housing Stability Grants:** Can be awarded to city or county-level government agencies, unincorporated areas, tribes, or community-based organizations that support local housing stability. We have a total of \$60,000 to award in 2024, with a minimum award of \$5,000 each.

4. **Get Active, Stay Active:** Can be awarded to organizations who provide youth and amateur sports and fitness programs, or organizations who support programs for senior residents. Funding can be used for program implementation costs, such as coaching or space rentals, camp and program fee scholarships, athletic and fitness equipment, or capital projects. We have a total of \$100,000 to award in 2024 and there is a minimum of \$5,000.

→ Monday, Feb 19, 2024 is a federal holiday and many agencies and organizations will be closed. Be sure to check for availability.

Be well and I hope to see you Tuesday!

Kim Weiss

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