nourishing Online Meeting Minutes: Jan 17, 2023

Guest Speaker: Donata Brenner, Hopelink, Case Manager (425)985-6287 dbrenner@hopelink.org

- Donata shared an overview of all of the services available through Hopelink, and the Power Point slides are available on the INN website with these minutes. Slides contain more detailed information for each program listed.
- Hopelink 's Trauma-Informed Community of Practice focuses on increasing the overall level of Trauma-Informed Service quality in our community while providing an opportunity for service providers to learn and grow from and with each other. Meetings: Second Wednesday of each month from 1 to 2pm. Register in advance for this meeting **here!** Email tlee@hopelink.org with any questions about this group.
- Hopelink has 5 service centers across the Eastside: Bellevue, Redmond, Kirkland, Shoreline, and Snoqualmie Valley in Carnation. Their service area extends well beyond these service centers.
- Transportation:

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networks

- Mobility Management Resource Line
- Community Van Volunteer Driver Program in Shoreline, Lake Forest Park, Kenmore, Kirkland, Bothell, Woodinville, Duvall, and Carnation
- Non-Emergency Medicaid Transportation
- DART (Demand Area Response Transit)
- **Financial Capabilities:**
 - Work one-on-one with a financial coach to successfully manage finances and navigate financial decisions.
 - Attend financial education classes and workshops.
 - In person, phone and/or video meetings are available
- **Employment Services for Adults:**
 - Employment Specialists can meet by phone, email, videoconference, and/or in-person to support with:
 - Building a resume
 - Writing a cover letter
 - Ways to search for jobs
 - Preparing for interviews
 - Creating a long-term career plan 0
 - Finding the right education and training
- Adult Education:
 - GED and High School+ Students prepare to pass the 4 GED exams or complete work to earn credits for their high school diploma.
 - English for Work Students prepare to get a job, or a better job, while developing English speaking, 0 listening reading, and writing skills.
- Family Development:
 - Work one-on-one with a case manager to reach life goals set by you.
 - Focus areas can include housing, increasing income, employment, parenting, etc.
- Housing:
 - Emergency Family Shelter, Transitional Housing and Non-Time Limited housing. 0
 - Housing units are filled using King County's Coordinated Entry for All system (211). 0

- Eligibility: 30-50% AMI (depending on the site)
- Hopelink does not screen directly.
- Call a Regional Access Point: North KC: Solid Ground 206 694 6833. Or East KC: Catholic Community Services 206-328-5900
- Energy Assistance:
 - Get money towards your energy bill/home heating costs from 2 grants:
 - Eligibility: 150% FPL for LIHEAP grant 80% AMI for PSE HELP grant
- Financial Assistance:
 - Call your closest Hopelink location to inquire about financial assistance for essential needs (e.g., rent, move-in).
 - Currently, limited funds are available.
 - Process Names are added to a monthly list. Random drawings from the monthly list are done monthly and can be done more often depending on funding and staff capacity.
- Food Assistance:
 - In addition to perishable and nonperishable food, have pet food, diapers, and baby food/formula.
 - Home delivery may be available.
 - To register email **food@hopelink.org** or call your local center!
- Mobile Market:
 - Boxes of fresh & non-perishable foods are available for pick-up.
 - Currently operating 10:30am-6pm Tuesday through Thursday at 12 community sites across North and East King County.
- Harvest Program:
 - Our Harvest Program works to acquire and promote fresh produce from local gardens and vendors. Farm Purchasing, Gleaning , Site Gardens
 - Call to see how you can volunteer or participate
- Volunteer Programs:
 - Volunteers help out in our markets, adult education classes, special events, and more.
 - Monday-Friday during regular business hours, with limited evening hours starting at 4:30 PM.
 - For more information please visit our **website** or email <u>volunteerwithus@hopelink.org</u>
- Community Outreach: If you want to invite Hopelink to an event or request outreach material you can fill out this <u>form</u> or email cgomez@hopelink.org

Veterans of Foreign Wars, David Waggoner davids waggoner@msn.com

- Now Open Eastside Veterans Service Office! Located 160 NW Gilman Blvd, Suite 435, Issaquah. Call 425-657-0616. Dave Waggoner phone number is 425-221-2503
- Seeking volunteers, particularly with typing / data entry.
- Office is able to help any veteran with claim submissions as well as many other services
- In addition, vehicle for veteran transportation through Snoqualmie Tribe. Recruiting drivers to staff up.

Eastside Friends of Seniors, Linda Woodall

- Continuing to work with seniors on transportation, as well as light housekeeping, handyman jobs, and more
- Linda announced her upcoming retirement! Executive Director position will be posted soon. (We'll miss you, Linda!). She will remain with EFS in to April for a smooth transition

Issaquah Community Services, Lori Birrell and Carol Schneider Lori cell phone 206-200-2922 or lcbirrell@gmail.com Carol Schneider carolschneider62@gmail.com

- Annual fundraiser is coming to a close, and there is a significant shortfall of roughly \$100,000. Board members are reaching out to local organization to hopefully close the financial gap
- Right now, continuing to offer \$1,000 per household per allotment

Friends of Youth, Laura Kissler Client Services Specialist, 425-392-6367 ext. 2 <u>clientservices@friendsofyouth.org</u>

- Upcoming Alcohol & Drug Class on Feb 11, 2023. Flyer coming
- Currently scheduling mental health appointments

Issaquah Food & Clothing Bank, Michelle Whalen,

- Currently seeing an increasing trend in clients from outside the service area zip codes. Not turned away, but if trend continues, there may need to be limits / changes.
- Donations continue to decrease adding pressure to organization as number of clients is increasing
- Upcoming Lunch For The Break event on Feb 21, 2023 where families can shop for extra food over the school break. Registration on the IFCB website
- Power Packs, the weekend food supplemental program is continuing to serve more students, currently distributing more in one month than used to be whole school year
- Volunteers for all programs always needed!

Lifelong, Emma Scalzo emma@desimonecg.com

- Working with Lifelong meal program , advocating in Olympia for Medicare food services,
- Working on End Military Hunger advocacy program. Seeking partner organizations to collaborate

KidVantage (EBC), Carolina Liendo carolinal@kidvantagenw.org

- Currently have 2 open positions: KidVantage openings: <u>https://kidvantagenw.org/careers/</u>
- Distributed more than 2300 toys over holidays

Issaquah Sammamish Interfaith Coalition & Lived Experience Coalition, Elizabeth Maupin,

eli410maupin@gmail.com

- Elizabeth is seeking a volunteer to step in to the Interfaith Coalition work as she is changing roles
- Lived Experience Coalition: A group of people who know what it is to be without housing are members of the Lived Experience Coalition (LEC). Under the fiscal sponsorship of Building Changes we are working to improve our regional approach to ending homelessness. We could use your help!
- On Saturday, January 21 from noon to 3 PM the LEC will hold an Eastside "pop-up" a one day event of outreach in which we put up a few booths and distribute hot coffee, food, warm clothing, blankets, and "to-go bags" of basic essentials along with some information on our organization. The pop-up will be located at Congregations for the Homeless, 515 116th Ave NE in Bellevue. Please share the news with your unhoused neighbors!
- If you have been collecting warm sleeping bags, coats, winter clothing, backpacks, blankets, or rolling suitcases to donate, I am the contact person for this area to collect donations. I can be reached at 425 677 8043 (land-line) or 206 478 3899 (cellphone) or <u>eli410maupin@gmail.com</u> (email). Items can also be dropped off at my home: 100 Big Bear Place NW in Issaquah.
- **Carpool drivers** will be needed from some area shelters and encampments because there isn't much bus service on a Saturday. Let me know if you could spare some time and gas to help in this way

The Garage, Lisa Haynes lisa@issaquahteencafe.org

- Recently joined The Garage as program coordinator for the Host Home program.
- Currently connecting with community members who are interested in learning more about the Host Home program, hoping to start connecting with youth in the coming months. Training and background checks are part of the program.

Hopelink Mobility Management, Heather Clark <HClark@hopelink.org>

- Coalition meeting on Jan 31, 1-2:30pm
- We have (re)started a task force in our EERC coalition called Eastside Advocacy for Transportation Services where we are working to more clearly identify transportation gaps on the eastside, troubleshoot, and find solutions. Additional representation from the Issaquah area who can speak to transportation needs is welcome to join. Our pilot shuttle is great but is currently only able to serve Redmond, Kirkland, and Bellevue. I know there is a lot of need in Issaquah. We are planning to meet on a bi-monthly basis.
- I am your friendly eastside mobility coordinator. Please don't hesitate to reach out if you need assistance with transportation in our region

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Other Attendees & Contact Information:

Karina O'Malley she/her Safe Parking 425 922 8051 karina@lakewaumc.org

Duane & Angelique Cadwallader Issaquah/ Renton SDA Church (206) 595-9591 dacadwall@gmail.com

Stacy Cho Issaquah School District Student Interventions chos@issaquah.wednet.edu

Zinu Motosa, Lifelong. zinashm@lifelong.org

Lorna Gilmour Issaquah School District Family Partnership gilmourl@issaquah.wednet.edu