



# Online Meeting Minutes: Aug 17, 2021

## Guest Speaker: Morgan Feder, Lifelong's Chicken Soup Brigade

- Serving King and Snohomish Counties, and Island Communities, individuals living with chronic conditions and hunger, with a focus on individuals living with HIV, homebound seniors, and others living with serious illnesses.
- Meal Program: home deliveries of meals made from scratch with whole foods and delivered frozen, meeting criteria of both American Heart Assoc and American Diabetes Assoc. 11 specialized meal types, and can be made soft for those with chewing or swallowing issues. Also nutrition classes for improving health and wellness. Three week variety meal rotation to keep food interesting.
- Groceries Program: Delivery of 7 nutritious meals in bags, options for cultural foods and various health conditions.
- Nutrition Counseling: classes for individual clients on cooking skills and nutrition education.
- Home Essentials Kits: delivery once per quarter of items for cleaning, hygiene, sanitation, etc
- Also provides meals for caretakers, when eligible
- Eligibility includes: age 18+, homebound (difficulty in leaving) monthly income less than 200% FPL. There is some flexibility in definition of "homebound" so please call client services for more information.
- Referrals: intake and enrollment over the phone for now, language translation available. Takes about 15 mins. and includes nutrition screening and assessment. Annual re0certification. There is also a paper form on website.
- Volunteers always welcome in the kitchen, packing grocery bags, and driving.
- Currently serving about 1500 clients per week. Have 50 clients in East King County if you don't include Renton. 150 if you do include Renton.

## Issaquah Food & Clothing Bank, Cori Walters

- Last week of Summer Lunch program
- Return to school means Power Packs program, in discussion with ISD on how that will work
- Tools4School was a success with over 450 students receiving school supplies and backpacks. The remainder of the backpacks and school supplies have been delivered to the various schools for families to pick up
- Recipe For Hope coming Sept 22, online this year.
- Full Time Homeless outreach staff person has been hired. Will be connecting with folks at the Meals program, IFCB, and community presence.

## Eastside Legal Assistance Program, Chris Lovings

- CDC Eviction Moratorium and Renter Protections, Tue Aug. 17th from 4 - 5:00 pm, <https://bit.ly/cdc-moratorium-aug2021>
- Social Security Disability Webinar with Benefits Law Center, Thu Aug. 19th from 5 - 6:30 PM, <https://bit.ly/ssdi-aug2021>
- Public Benefits Info Session with Solid Ground, Thu Aug. 26th from 5 - 6:30 PM, <https://bit.ly/public-benefits-aug2021>

## Issaquah Sammamish Interfaith Coalition, Elizabeth Maupin

- Here is a podcast that gives great insight into our eviction crisis with an historical perspective. I'd encourage everyone to check it out. <https://www.wnycstudios.org/podcasts/otm/scarlet-e-unmasking-americas-eviction-crisis>

- From Chris Lovings (he/him): I also want to recommend Outsiders (it's local!) - <https://www.knkx.org/programs/outsidiers>

#### **Issaquah Community Services, Lori Birrell**

- With moratorium ending, many requests for Aug & Sept rent
- Assisting clients with accessing state funding
- ICS current funding levels are adequate
- Individual and small groups are having harder time receiving state funding, taking longer than large landlord organizations
- Volunteers needed to work with clients

#### **Lifelong Navigation Hug, Crystal Koch & Ashley Nguyen**

- Fall rollout of new website, soft launch of client services

#### **Safe Place, Bryan Thompson**

- 3 out of 4 local youth shelters open
- Assisting youth with access to vaccinations. Youth have a high rate of vaccinations

#### **Faith United, Jan Bennett**

- Garage Sale benefiting Habitat for Humanity is cancelled again this year. Doing a direct appeal to congregation and community with a goal of \$25,000
- Habitat will soon be working on 7 houses in North Bend, currently working on house in Renton
- Donation to Habitat directly with donations to their furniture store.
- Tent City 4 is continuing to do well at Bellevue location, over 90% residents working

#### **Friends of Youth Client Services, Laura Kissler**

- Accepting new clients in mental health and substance use counseling
- Upcoming class Alcohol and Drug education
- Two supports groups on going: Substance Use Disorder, and LGBTQ+

#### **The Garage, KayLee Jaech**

- Ramping up for school to start, hired a new program coordinator
- Mental health counseling available for more days now
- Exploring funding for case manager position/resource

#### **Veterans of Foreign Wars, Dave Waggoner**

- Eastside Veteran Services will soon be open in Issaquah (approx. 60 days), assisting veterans with submitting claims to VA
- In next 6 months, plans to obtain a vehicle to assist with transportation to medical appts
- Be aware in our community of veterans, be sensitive to stress over the current events happening in Afghanistan. Advise veterans to seek assistance, when appropriate

#### **TRIO, David Hall**

- Soon to be expanding service areas
- Adding staff
- This month is Disability Awareness month

#### **Issaquah Office of Sustainability Barb deMichele for Megan Curtis-Murphy**

- Climate Survey please share this survey with your neighbors, friends, coworkers, and family! You can learn more about the Climate Action Plan and how to stay engaged here. <https://www.issaquahwa.gov/CivicAlerts.aspx?AID=4782>