



To enroll you must be:

- Pregnant or parenting a child who is younger than 5 years old
- Low income
- Currently Living in King County Sno-Valley, Skykomish, Duvall, North Bend Carnation, Issaquah, Maple Valley, and Sammamish

Healthy Start provides free evidence based parenting support for families.

- Home visits on your schedule to promote Health and family well-being.
- Child Development information and health Screenings.
- Fun monthly group events
- Confidentiality and cultural awareness.
- FREE basic supplies and access to local resources for families

Free Parenting Support for Families!!

Friends of Youth | Heidi Biddle
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